

LASER HAIR REMOVAL

PRE AND POST CARE



POTENTIAL SIDE EFFECTS

- The best way to minimize the risk of side effects is to avoid UV exposure for 7 days pre- and post- treatment.
- Avoid sunburns and tans for at least 2 weeks prior to treatment.
- Avoid sunless tanning products for 7 days before treatment.
- Give your provider an accurate and up to date medical history in order to receive safe and effective treatments.
- Side effects are uncommon but may include; Hyperpigmentation (darkening of skin), Hypopigmentation (loss of skin pigmentation), mild to moderate burns or blisters, permanent skin discoloration, temporary redness, follicular edema (little pink/red "puffiness and small bumps like "goose bumps"), swelling and itching in the treated area, hives, rashes, bruising, and lack of desired results.
- Clients who are pregnant cannot be treated.
- Technicians cannot treat over tattoos.
- If you have epilepsy, Enchanted is unable to provide treatment.

PRE-TREATMENT CARE

- The area to be treated must be clean-shaven. Unshaven clients will be rescheduled.
- Avoid UV exposure 7 days prior to your treatment.
- Clients who are sunburned or tanned must wait 2 weeks before being treated to avoid additional skin damage.
- Avoid sunless tanning products 7 days prior to your treatment. It is
- Clients should come to appointments with clean skin in the area to be treated. All clients who are treating any part of their face or neck will be required to cleanse their entire face in the clinic.
- Avoid chemical peels and other laser procedures in the area to be treated for 2 weeks prior and two weeks after your laser treatment.
- Avoid all alpha hydroxy and beta hydroxyl products (AHA/BHA), hydroquinone, retinols/retinoid, glycolic acid, Tazorac, and Differin for 7 days before treatment.
- Clients with any abnormal lesions, moles or spots on the area to be treated must be cleared by a medical practitioner prior to treatment.

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PRE-TREATMENT CARE

- Clients must stop waxing, tweezing and chemical epilation 3 weeks prior to treatment.
- If you are prone to cold sores, it is highly recommended to take an anti-viral medication (such as Valtrex) prior to your treatment. Clients with active cold sores will not be treated.
- Clients who have used Accutane or similar products within the last 6 months CANNOT have laser hair removal treatments.
- Client should not perform any physical activity that increases body temperature or blood pressure within 2 hours before and after treatments.
- If you have Botox or dermal fillers in the area to be treated, wait 14 days both before and after injection to receive treatments.
- Antibiotics may increase photosensitivity. We recommend that you check with your personal physician prior to receiving laser treatments if you are taking a long-term antibiotic.
- Boots may not be worn immediately after leg

WHAT TO EXPECT FROM YOUR TREATMENT

- Clients with red, grey or blonde hair in the area to be treated should consult with an Enchanted provider prior to receiving treatments, as the laser is less effective on these hair colors.
- During your treatment you can expect slight discomfort, similar to a rubber-band snap on your skin. An over the counter numbing cream is available for purchase. Consult your laser technician with questions.
- You may experience slight redness, bumps, and swelling in the treated area for up to 72 hours. If these conditions persist, topical creams such as aloe, calamine or hydrocortisone may be applied.
- Allow a minimum of 7 to 14 days post treatment for hair to "fall out" or shed from the skin.
- On average, clients experience up to 30% reduction after each treatment.
- For best results, allow your technician(s) to customize your treatment schedule based on your needs.
 - Be advised, clients may not bring children under the age of 12 to their appointments.

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POST-TREATMENT CARE

- Avoid extended UV exposure for 7 days post-treatment.
- If blisters occur, do not puncture. If skin is broken, apply an antibiotic ointment until healed.
- Tylenol is recommended for post-treatment discomfort.
- Over the counter medication is recommended for post treatment discomfort. You may also apply cool towels, ice packs or aloe vera to alleviate discomfort due to heat.
- Avoid using seat warmers immediately after treatment.
- Avoid any additional laser treatments or chemical procedures on the treated area for at least 2 weeks post-treatment or until healing has occurred.
- Using a broad spectrum UVA/UVB SPF 30 or higher is critical when receiving laser treatments and is recommended ongoing for maintenance.
- If you experience any side effects, such as hypo- or hyper-pigmentation, prolonged redness or swelling, a histamine reaction, or blistering, call or come in for instructions on treatment.
- To achieve the best results, complete the full treatment schedule at the intervals recommended by your technician.
- Exfoliate treated areas to minimize risk of ingrown hairs.