

# LASER GENESIS

## PRE AND POST CARE



The Cutera™ is one of the only FDA-approved non-invasive skin tightening and face-lifting devices, meant to improve skin tone around the jawline, chin, and neck. It is the first tailored infrared light source utilizing special wavelength filters to diminish the signs of aging, laxity, drooping, sagging, and wrinkled skin. This device can be used for face contouring, body sculpting and reducing cellulite on the legs and abdomen. Typically, Laser Genesis is used to reduce redness, scarring, broken blood vessels and improve the look of rosacea.

### PRE-TREATMENT CARE:

#### **12 Months Prior to Treatment Stop the Use Of:**

Accutane® (Isotretinoin)

#### **2 Weeks Prior to Treatment Stop the Use Of:**

Tanning or Sun Exposure

Complementary/Supplemental Treatments such as IPL, Laser Hair Removal and Chemical Peels

#### **7-10 days Prior to Treatment Stop the Use Of:**

Retinols: Retin A, Tazorac®, "Anti-aging" Products

Glycolic or Salicylic Acid products

Abrasive scrubs

Waxing

Microdermabrasion Treatments

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### POST-TREATMENT CARE:

#### DAY OF TREATMENT:

Do not wear any makeup on the day of your Laser Genesis treatment.

Excess hair may need to be shaved. Men should be cleanly shaved.

Some medications or supplements may increase the risk of bruising.

Notify your provider of any changes to your health history or medications since your last appointment.

#### POST TREATMENT:

- Bruising, redness and swelling may occur and resolve with time.
- Avoid heat- hot tubs, saunas etc. for 1-2 days.
- Avoid skin irritants for 3-5 days post treatment such as Tretinoin, Retinol, Benzoyl Peroxide, Glycolic Acid, Salicylic Acid, Astringents, etc.
- Notify the office of any concerns such as blistering, excessive redness, swelling etc.
- Treated pigment will turn darker (brown to black) within 24-48 hours if pigmented lesions are being treated. Do not pick treated lesions. Treated pigment will exfoliate off the face in approximately 1 week and off the body in 2-3 weeks.

#### SUN EXPOSURE/ MAKEUP:

Avoid sun exposure and use a broad spectrum (UVA/UVB) sunscreen to prevent further sun damage.

#### QUESTIONS OR CONCERNS:

If you have any questions or concerns about your VirtueRF treatment during your healing process, please contact the office at (386)317-1449.