

MORPHEUS8

(MICRONEEDLING WITH RADIOFREQUENCY)

PRE AND POST CARE



PRE-TREATMENT CARE:

IMPORTANT:

PLEASE ARRIVE 1 HOUR PRIOR TO YOUR SCHEDULED TREATMENT TIME FOR NUMBING!

Example- If your appointment time is 2pm, please arrive at 1pm to numb. If you fail to do so the procedure will need to be rescheduled

Feel free to bring a book, iPad, or work to do! You will have approximately 45 minutes of downtime while you numb. We have water to continue your hydration before treatment!

- Avoid use of non-steroidal anti-inflammatory drugs (NSAIDs like aspirin, motrin, advil, ibuprofen, or any other non-tylenol, non-acetaminophen product) for two weeks prior to treatment to minimize the potential for bruising, unless the medications involved are prescribed for the treatment of an existing medical condition.
- Hydrate: for seven days prior, moisturize your skin in the morning & evening. Drink at least 8 glasses of water per day. Avoid alcohol for 24-48 hrs prior.
- If you have a history of fever blisters, take antiviral medication starting 1 day prior and follow directions on your prescription.
- Stop all topical acids (like glycolic, alpha or beta hydroxyl acids), retinols, retin-A, or other like products 3-5 days prior to treatment.
- Avoid tanning beds or prolonged exposure to the sun 5 days prior to treatment. Always use a zinc oxide sunscreen with SPF 30+.
- Remove all substances from the intended treatment area, including topical numbing cream, tanning products, ointments, lotions, perfumes, bath/shower oils, deodorants, etc. Do not use flammable products in the vicinity of anticipated treatment.

POST-TREATMENT CARE:

- Expected downtime: 2-7 days. The expected healing sequence and expected treatment side effects include redness, swelling, bruising, light discomfort, and possibly small bumps and pinpoint bleeding.
- Cover your pillowcase daily for 5 days with a clean towel each day to avoid soiling linens or contaminating yourself

DAY OF TREATMENT:

- Leave PRF on your skin until morning, do not wash your face before morning!

Sleep with slight elevation of your head on 2-3 pillows. avoid sleeping with pets for 48 hours

DAY TWO

- In am and pm wash your face with gentle, soothing cleanser
- Apply RESTORE lipid replenishing cream as needed

If you have any questions before or after your appointment, you can call or text us at (386) 317-1449.

Thank you for choosing ENCHANTED!

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POST-TREATMENT CARE:

DAY THREE AND BEYOND

- Avoid excessive sun exposure on the treatment area and use a sun screen (SPF 30+) for one month following the procedure.
- If you are healing well, you may resume using mineral makeup on day 3. Do not resume the use of topical acids, retinols, retin A, etc. for 7 days.
- Contact the office if you have any concerns about how your skin is responding to treatment or is healing.

RE-TREATMENT

- Clinical testing shows that wrinkle improvement can continue to develop for 3 to 6 months following treatment, and that the dermal remodeling process following non-ablative RF treatments can continue for 6 to 12 months. Retreatment with Morpheus 8 is recommended in a package of 3-5 treatments done 4 weeks apart.