

VIRTUE DEEP RF

PRE AND POST CARE



PLEASE REMEMBER TO ARRIVE 45 MINUTES PRIOR TO YOUR SCHEDULED APPOINTMENT TIME TO NUMB.

Virtue RF is a non-invasive, FDA approved radio frequency microneedling device that treats a wide range of skin concerns with little to no downtime. Virtue RF creates controlled micro-injuries to rejuvenate the skin by stimulating the body's natural healing process and initiating the production of new collagen and elastin within the tissue. At the same time, Virtue RF emits radio frequency energy to remodel the tissue- in turn tightening skin, reducing fine lines and wrinkles and improving pigmentation.

PRE-TREATMENT CARE:

12 Months Prior to Treatment Stop the Use Of:

Accutane® (Isotretinoin)

2 Weeks Prior to Treatment Stop the Use Of:

Tanning or Sun Exposure

Complementary/Supplemental Treatments such as IPL, Laser Hair Removal and Chemical Peels

7-10 days Prior to Treatment Stop the Use Of:

Retinols: Retin A, Tazorac®, "Anti-aging" Products

Glycolic or Salicylic Acid products

Abrasive scrubs

Waxing

Microdermabrasion Treatments

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POST-TREATMENT CARE:

To make the most of your DeepRF treatment and promote healing, the following post-care steps are recommended. Always contact the office about any questions or concerns that may arise.

You may experience the following post-treatment which is normal:

- Minimal pinpoint bleeding
- Mild redness
- Minimal swelling
- Mild discomfort
- Tingling sensation from anesthetic cream
- Warmth and heat from RF energy
- Sensation of a sunburn

APPLY FIRMING BODY LOTION:

Gently massage the treated area with the Firming Body Lotion. Use the lotion twice a day in between treatment sessions. At the conclusion of your sessions, use the Firming Body Lotion until any micro-scabs have resolved.

DO NOT DISTURB:

It is common for micro-scabs to form at the treatment site. These are a part of the healing process and should be left to disappear on their own.

ADJUSTMENTS TO YOUR DAILY ROUTINE:

- Use a gentle cleanser and cool water to keep the skin clean
- Avoid sun-exposure and always use SPF
- Avoid strenuous exercise for 1-3 days
- You may resume your normal skincare routine 7 days after your VirtueRF treatment

QUESTIONS OR CONCERNS:

If you have any questions or concerns about your VirtueRF treatment during your healing process, please contact the office at (386)317-1449.