

VIRTUE RF

PRE AND POST CARE



PLEASE REMEMBER TO ARRIVE 45 MINUTES PRIOR TO YOUR SCHEDULED APPOINTMENT TIME TO NUMB.

Virtue RF is a non-invasive, FDA approved radio frequency microneedling device that treats a wide range of skin concerns with little to no downtime. Virtue RF creates controlled micro-injuries to rejuvenate the skin by stimulating the body's natural healing process and initiating the production of new collagen and elastin within the tissue. At the same time, Virtue RF emits radio frequency energy to remodel the tissue- in turn tightening skin, reducing fine lines and wrinkles and improving pigmentation.

PRE-TREATMENT CARE:

12 Months Prior to Treatment Stop the Use Of:

Accutane® (Isotretinoin)

2 Weeks Prior to Treatment Stop the Use Of:

Tanning or Sun Exposure

Complementary/Supplemental Treatments such as IPL, Laser Hair Removal and Chemical Peels

7-10 days Prior to Treatment Stop the Use Of:

Retinols: Retin A, Tazorac®, "Anti-aging" Products

Glycolic or Salicylic Acid products

Abrasive scrubs

Waxing

Microdermabrasion Treatments

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POST-TREATMENT CARE:

The VirtueRF is designed to minimize social downtime. The skin may appear red for a few hours but the exclusive post-care regimen works to soothe the skin so most will only notice a post treatment glow.

You may experience the following post-treatment which is normal:

- Minimal pinpoint bleeding
- Mild redness
- Minimal swelling
- Mild discomfort
- Tingling sensation from anesthetic cream
- Warmth and heat from RF energy
- Sensation of a sunburn

DAY OF TREATMENT:

Before bed, reapply the AnteAGE Growth Factors.

DAY TWO:

The next morning, cleanse your skin with a gentle cleanser and begin to use your AnteAGE Serum, Step 1, AnteAGE Accelerator, Step 2, and AnteAGE Hyaluronic Acid Serum, Step 3.

*We recommend cleansing with a gentle cleanser and lukewarm water. It's important to keep your skin clean for the first 24 hours. We recommend sleeping on a clean pillowcase.

SKINCARE REGIMEN:

Use your AnteAGE Aftercare Kit for the first 7 days after your VirtueRF treatment. After 7 days, you may resume your normal skincare regimen.

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SUN EXPOSURE/ MAKEUP:

Avoid direct sun exposure for at least 3 days. Should you be outdoors, you can apply a SPF starting 24 hours post treatment. In addition, you may apply makeup 48 hours post treatment - just make sure to cleanse accordingly.

EXERCISE:

Avoid exercise and increasing your heart rate for 1 - 3 days post treatment.

TREATMENT SCHEDULE:

Your next VirtueRF treatment can be scheduled in 4 weeks. The recommendation is four sessions and then a maintenance treatment every six months. Your provider can discuss a custom plan to meet your treatment goals.

QUESTIONS OR CONCERNS:

If you have any questions or concerns about your VirtueRF treatment during your healing process, please contact the office at (386)317-1449.