



VI PEEL

AFTERCARE INSTRUCTIONS

IMPORTANT - The post-peel towelettes are a very crucial part of the peeling process for maximum results. Please follow the directions and if you have any questions or concerns, then you should call the office.

4 HOURS POST VI PEEL:

Do not apply anything to your skin for 4 hours after your VI Peel, including the VI Peel sunscreen that was provided.

CLEANSE - Cleanse all areas where VI Peel was applied with VI Derm Cleanser with cool water. Do not use hot water. Pat dry.

TOWELETTE - Apply Post Peel Towelette 4 hours post treatment to the entire area where peel was applied rubbing vigorously. Do not wash off.

PEEL PROTECTANT - After 10 minutes, apply Post Peel Protectant to all areas where VI Peel was applied. This cream moisturizes, calms inflammation, and protects skin during the post treatment healing process. The Post Peel Protectant may sting upon application, but stinging quickly subsides. If stinging or burning persists, call the office for further instructions.

IMPORTANT - Darker skin tone patients this is an important step. This will suppress any potential inflammation and prevent post inflammatory hyperpigmentation.

DAY ONE: ONE HOUR BEFORE BED

CLEANSE - Cleanse all areas where VI Peel was applied with VI Derm Cleanser with cool water. Do not use hot water. Pat dry.

TOWELETTE - Apply Post Peel Towelette Night 1 A (Lime Green) to the entire area where peel was applied rubbing vigorously. Do not wash off. 3. After 10 minutes, apply Post Peel Towelette Night 1 B (Dark Green) to the entire area where the peel was applied rubbing vigorously. Do not wash off.

PEEL PROTECTANT - Apply Post Peel Protectant approximately 10 minutes after the towelette has absorbed to all areas where VI Peel was applied

IMPORTANT - For darker skin tone patients this is an important step. This will suppress any potential inflammation and prevent post inflammatory hyperpigmentation.

DAY 2: MORNING ROUTINE

CLEANSE - Cleanse all areas where VI Peel was applied with VI Derm Cleanser with cool water. Do not use hot water.

PEEL PROTECTANT - Apply VI Derm Post Peel Protectant to all areas where VI Peel was applied. This cream moisturizes, calms inflammation, and protects skin during the post treatment healing process. It can be applied 2-4 times over the course of the day.

SPF - Apply VI Derm SPF 50+ to all areas where VI Peel was applied. Use the sunscreen liberally once the skin begins to peel.

DAY 2: ONE HOUR BEFORE BED

CLEANSE - Cleanse all areas where VI Peel was applied with VI Derm Cleanser with cool water. Do not use hot water. Pat dry.

TOWELETTE - Apply Post Peel Towelette Night 2 A (Lime Green) to the entire area where peel was applied rubbing vigorously. Do not wash off. 3. After 10 minutes, apply Post Peel Towelette Night 2 B (Dark Green) to the entire area where the peel was applied rubbing vigorously. Do not wash off.

PEEL PROTECTANT - Apply Post Peel Protectant approximately 10 minutes after the towelette has absorbed to all areas where VI Peel was applied

DAYS 3-7:

Peeling may start on the second or third day.

CLEANSE - Every morning and evening, cleanse all areas where VI Peel was applied with VI Derm Cleanser. Pat dry.

PEEL PROTECTANT - Apply VI Derm Post Peel Protectant and VI Derm SPF 50+ to all areas where VI Peel was applied. You may use it as often as desired. Applying 2-4 times a day over the course of the day. This cream moisturizes, calms inflammation, and protects skin during the post treatment healing process. Use the sunscreen liberally once the skin begins to peel.

**When cleansing in the morning and at night, old skin will slough off, wash and pat dry. Do not scrub or pull skin. Do not force or peel the skin or it can cause scarring. Refrain from picking at any loose skin so that redness, irritation and PIH do not occur.*

DAYS 7 AND BEYOND:

After the peeling process is completed, it is appropriate to resume your regular skincare routine once exfoliation has subsided. It is very important for darker skin tone patients to incorporate a Hydroquinone product into your skincare routine. Enchanted's HQ Brightening Pads are available for purchase at our office.

To prolong and maintain the results of your treatment, having a skincare routine is highly recommended. Without the proper use of daily care products, the results of the peel will diminish and hyperpigmentation/sun damage may worsen. These products include sunscreen, retinol, vitamin c and growth factors. We can advise each patient with a skincare routine .

**If you have any questions or concerns about your skin, the chemical peel process, your individual treatment plan or your skin's response please call the office at (386)317-1449.*